

# Supreme Court seems likely to preserve access to the abortion medication mifepristone

#### By MARK SHERMAN Associated Press

**WASHINGTON (AP)** — The Supreme Court on Tuesday seemed likely to preserve access to a medication that was used in nearly two-thirds of all abortions in the U.S. last year, in the court's first abortion case since conservative justices overturned Roe v. Wade two years ago.

In nearly 90 minutes of arguments, a consensus appeared to emerge that the abortion opponents who challenged the FDA's approval of the medication, mifepristone, and subsequent actions to ease access to it, lack the legal right or standing to sue.

Such a decision would leave in place the current rules that allow patients to receive the drug through the mail, without any need for an in-person visit with a doctor, and to take the medication to induce an abortion through 10 weeks of pregnancy.



An abortion- rights activist holds a box of mifepristone pills as demonstrators from both anti-abortion and abortion-rights groups rally outside the Supreme Court in Washington, Tuesday, March 26, 2024.

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### Supreme Court seems likely to preserve access to the abortion medication mifepristone

#### **Continued from Front**

Should the court take the no-standing route, it would avoid the more politically sensitive aspects of the case. The high court's return to the abortion thicket is taking place in a political and regulatory landscape that was reshaped by its abortion decision in 2022 that led many Republican-led states to ban or severely restrict abortion. Solicitor General Elizabeth Prelogar, the Biden administration's top Supreme Court lawyer, said the court should dismiss the case and make clear that anti-abortion doctors and organizations don't "come within 100 miles" of having standing.

Even three justices who were in the majority to overturn Roe posed skeptical questions about standing to the lawyer for the abortion opponents. Justices Amy Coney Barrett, Neil Gorsuch and Brett Kavanaugh are former President Donald Trump's three Supreme Court appointees.

Barrett, for example, seemed to doubt that two doctors identified by lawyer Erin Hawley could show that they were actually harmed by the FDA's actions, one of the requirements for showing standing.

"I think the difficulty here is that, at least to me, these affidavits do read more like the conscience objection is strictly to actually participating in the abortion to end the life of the embryo or fetus. And I don't read either...to say that they ever participated in that," Barrett said. Kavanaugh had only one question during the entire session and it too seemed to be focused on the technical issue of standing. He asked Prelogar to confirm that "under federal law, no doctors



Mira Michels of Aid Access, takes a mifepristone pill in protest as demonstrators from both antiabortion and abortion rights groups rally outside the Supreme Court in Washington, Tuesday, March 26, 2024.

can be forced against their consciences to perform or assist in an abortion."

Abortion opponents are asking the justices to ratify a ruling from a conservative federal appeals court that would limit access to mifepristone, one of two drugs used in medication abortions.

That ruling had immediate political consequences, and the outcome in the current case, expected by early summer, could affect races for Congress and the White House.

Another abortion case already is on the docket. Next month, the justices will hear arguments over whether a federal law on emergency treatment at hospitals must include abortions, even in states that have otherwise banned them.

preme Court was lively Tuesday morning, with demonstrators occupying the streets surrounding the court and groups on both sides of the issue marching and chanting. The police blocked traffic surrounding the court as well.

The practical consequences of a ruling for abortion opponents would be dramatic, including possibly halting the delivery of mifepristone through the mail and at large pharmacy chains, and ending increasingly popular telehealth visits at which the drug can be prescribed.

President Joe Biden's administration and drug manufacturers warn that such an outcome also could undermine the FDA's drug approval process more widely by inviting judges to secondguess the agency's scientific judgments. The Democratic administration and New Yorkbased Danco Laboratories, which makes mifepristone, say that the drug is among the safest the FDA has ever approved.

Justice Ketanii Brown Jackson, a Biden appointee who The scene outside the Su- joined the court just after the last abortion case, signaled her agreement with some of those arguments when she asked Jessica Ellsworth, Danco's lawyer. whether she has concerns "about judges parsing medical and scientific studies."

The abortion opponents ar-

**Associated Press** 

gue that the FDA's decisions in 2016 and 2021 to relax restrictions on getting the drug were unreasonable and, as Hawley wrote in her clients' main legal brief, "jeopardize women's health across the nation." She argued Tuesday that she was asking the court to affirm a ruling that "merely restored long-standing and crucial protections under which millions of women used abortion drugs." Her husband, Sen. Josh Hawley, R-Missouri, and one of their children were in the courtroom to watch her first arguments.

The mifepristone case began five months after the Supreme Court overturned Roe v. Wade. Abortion opponents initially won a sweeping ruling nearly a year ago from U.S. District Judge Matthew Kacsmaryk, a Trump nominee in Texas, which would have revoked the drug's approval entirely. The 5th U.S. Circuit Court of Appeals left intact the FDA's initial approval of mifepristone. But it would reverse changes regulators made in 2016 and 2021 that eased some conditions for administering the drug.

The Supreme Court put the appeals court's modified ruling on hold, then agreed to hear the case, though Justices Samuel Alito, the author of the decision overturning Roe, and Clarence Thomas would have allowed some restrictions to take effect while the case proceeded. In arguments highly focused on technical legal issues, Alito and Thomas asked some of the few questions Tuesday on the substance of the case, including about sending mifepristone through the mail.

They referred to the Comstock Act, a rarely used, 151-year-old criminal law that has been revived by anti-abortion advocates seeking to block the delivery of mifepristone through the U.S. mail. Addressing Ellsworth, Thomas said the law is "fairly broad, and it specifically covers drugs such as yours."

Even if the court doesn't address the Comstock Act in its ruling, some abortion rights advocates fear that a future administration that favors abortion restrictions could invoke the law to roll back access to mifepristone.

More than 6 million people have used mifepristone since 2000. It is one of two drugs used in medication abortions. Mifepristone blocks the hormone progesterone, and also primes the uterus to respond to the contraction-causing effect of another drug, misoprostol. The two-drug regimen is used to end a pregnancy through 10 weeks gestation.

Health care providers have said that if mifepristone is no longer available or is too hard to obtain, they would switch to using only misoprostol, which is somewhat less effective in ending pregnancies.



### Who is Nicole Shanahan, the philanthropist picked by Robert F. Kennedy Jr. as his running mate?

#### By MEG KINNARD Associated Press

COLUMBIA, S.C. (AP) — Robert F. Kennedy Jr. has picked Nicole Shanahan, a California lawyer and philanthropist who's never held elected office, to be his running mate in his independent bid for president, he announced on Tuesday.

An unconventional choice, Shanahan, who is 38, brings youth and considerable wealth to Kennedy's longshot campaign but is little known outside Silicon Valley.

Shanahan leads Bia-Echo Foundation, an organization she founded to direct money toward issues including women's reproductive science, criminal justice reform and environmental causes. She also is a Stanford University fellow and was the founder and chief executive of Clear-AccessIP, a patent management firm that was sold in 2020.

Shanahan was married to Google co-founder Sergey Brin from 2018 to 2023, and they have a young daughter.

She was raised in the San Francisco Bay Area, where Kennedy made his announcement.

Before the announcement, Kennedy's campaign manager and daughterin-law, Amaryllis Fox Kennedy, praised Shanahan's work on behalf of "honest governance, racial equity, regenerative agriculture and children's and maternal health." She said the work "reflects many of our country's most urgent needs."

Kennedy, who said in an interview Monday with "The State of California" on KCBS radio that his VP search placed a priority on "somebody who could represent young people," said Tuesday that Shanahan who he said, like him, has "left the Democratic Party" also shares his concerns about government overreach and his distrust in major political parties'



Nicole Shanahan arrives at an event on Saturday, May 21, 2022, in Los Angeles.

abilities to make lasting change.

"She'll tell you that she now understands at the defense agencies work for the military industrial complex, that health agencies work for big pharma and the USDA works for big ag and the processed food cartels," Kennedy said at his Oakland rally. "The EPA is in cahoots with the polluters, that the scientists can be mercenaries, that government officials sometimes act as sensors, and that the Fed works for Wall Street and allows millionaire bankers to prey upon on Main Street and the American worker."

Kennedy had previously signaled interest in picking a celebrity or a household name such as NFL quarterback Aaron Rogers, "Dirty Jobs" star Mike Rowe or former Minnesota Gov. Jesse Ventura, who was a wrestler and actor.

According to campaign finance records, Shanahan has long donated to Democratic candidates, including giving the maximum amount allowed to Kennedy when he was still pursuing that party's nomination before switching to an independent bid in October.

It was unclear if Shanahan would use her own money on the campaign, but she



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has already opened her wallet to back Kennedy. She was a driving force and the primary donor behind a Super Bowl ad produced by a pro-Kennedy super PAC, American Values 2024, for which she contributed \$4 million. In response to criticism following the ad's release, the super PAC said its "idea, funding, and execution came primarily" from Shanahan.

The super PAC can accept unlimited funds but is legally barred from coordinating with Kennedy's team. But as a candidate for vice president, Shanahan can give unlimited sums to the campaign directly.



### Baltimore bridge collapses after powerless cargo ship rams into support column; 6 presumed dead

#### **By LEA SKENE Associated Press** BALTIMORE (AP) — A car-

go ship lost power and rammed into a major bridge in Baltimore early Tuesday, destroying the span in a matter of seconds and plunging it into the river in a terrifying collapse that could disrupt a vital shipping port for months. Six people were missing and presumed dead.

The ship's crew issued a mayday call moments before the crash took down the Francis Scott Key Bridge, enabling authorities to limit vehicle traffic on the span, Maryland's governor said.

The ship struck one of the bridge's supports, causing the structure to collapse like a toy. A section of the span came to rest on the bow of the vessel, which caught fire, and thick, black smoke billowed out of it.

With the ship barreling toward the bridge at "a very, very rapid speed," authorities had just enough time to stop cars from coming over the bridge, Maryland Gov. Wes Moore said.

"These people are heroes," Moore said. "They saved lives last night."

The crash happened in the middle of the night, long before the busy morning commute on the bridge that stretches 1.6 miles (2.6 km) and was used by 12 million vehicles last year.

The six people still unaccounted for were part of a construction crew filling potholes on the bridge, said Paul Wiedefeld, the state's transportation secretary.

A senior executive at the company that employed the workers said Tuesday afternoon that they were presumed dead, given the water's depth and the length time since the crash.

Jeffrey Pritzker, executive vice president of Brawner Builders, said the crew was working in the middle of the bridge when it came down. No bodies have been recovered, and rescue crews



A cargo ship is stuck under the part of the structure of the Francis Scott Key Bridge after the ship his the bridge Tuesday March 26, 2024, in Baltimore, Md. **Associated Press** 

the late afternoon.

"This was so completely unforeseen," Pritzker said. "We don't know what else to say. We take such great pride in safety, and we have cones and signs and lights and barriers and flaggers. But we never foresaw that the bridge would collapse."

Jesus Campos, who has worked on the bridge for Brawner Builders and knows members of the crew, said he was told they were on a break and some were sitting in their trucks when the bridge went down.

"I know that a month ago, I was there, and I know what it feels like when the trailers pass," Campos said. "Imagine knowing that is falling. It is so hard, one would not know what to do."

Rescuers pulled two people out of the water. One person was treated at a hospital and discharged hours later. Multiple vehicles also went into the river, although authorities did not Transport Infrastructure. believe anyone was inside. "It looked like something out of an action movie," said Baltimore Mayor Brandon Scott, calling it "an unthinkable tragedy."

A police dispatcher put out a call just before the collapse saying a ship had

continued the search into lost its steering and asked officers to stop all traffic, according to Maryland Transportation Authority first responder radio traffic obtained from the Broadcastify.com archive.

One officer who stopped traffic radioed that he was going to drive onto the bridge to alert the construction crew. But seconds later, a frantic officer said: "The whole bridge just fell down. Start, start whoever, everybody ... the whole bridge just collapsed."

On a separate radio channel for maintenance and construction workers, someone said officers were stopping traffic because a ship had lost steering. There was no follow-up order to evacuate, and 30 seconds later the bridge fell and the channel went silent.

From 1960 to 2015, there were 35 major bridge collapses worldwide due to ship or barge collision, according to the World Association for Waterborne

The collapse is sure to create a logistical nightmare for months, if not years, along the East Coast, shutting down ship traffic at the Port of Baltimore, a major shipping hub. The accident will also snarl cargo and commuter traffic.

"Losing this bridge will devastate the entire area, as well as the entire East Coast," Maryland state Sen. Johnny Ray Salling said.

Transportation Secretary Pete Buttigieg, speaking at a news conference near the site, said it was too soon to estimate how long it will take to clear the channel, which is about 50 feet (15 meters) deep.

"I do not know of a bridge that has been constructed to withstand a direct impact from a vessel of this size," he said.

Synergy Marine Group which manages the ship, called the Dali confirmed the vessel hit a pillar of the bridge at about 1:30 a.m. while in control of one or more pilots, who are local specialists who help guide vessels safely into ports. The ship is owned by Grace Ocean Private Ltd.

Synergy said all crew members and the two pilots on board were accounted for, and there were no reports ing to the shipping informaof any injuries.

The ship was moving at 8 knots, roughly 9 mph (14.8 kph), the governor said.

Jagged remnants of the bridge could be seen jutting up from the water's surface. The on-ramp ended abruptly where the span

once began.

Donald Heinbuch, a retired chief with Baltimore's fire department, said he was startled awake by a deep rumbling that shook his house for several seconds. "It felt like an earthquake," he said.

He drove to the river's edge and couldn't believe what he saw.

"The ship was there, and the bridge was in the water, like it was blown up," he said.

The bridge spans the Patapsco River at the entrance to a busy harbor, which leads to the Chesapeake Bay and Atlantic Ocean. Opened in 1977, the bridge is named for the writer of "The Star-Spangled Banner."

Wiedefeld said all vessel traffic into and out of the port would be suspended until further notice, though the facility was still open to trucks.

President Joe Biden said he planned to travel to Baltimore and intends for the federal government to pick up the entire cost of rebuilding.

"This is going to take some time," Biden said. "The people of Baltimore can count on us, though, to stick with them at every step of the way until the port is reopened and the bridge is rebuilt." The Dali was headed from Baltimore to Colombo, Sri Lanka, and flying under a Singapore flag, according to data from Marine Traffic. The container ship is about 985 feet (300 meters) long and about 157 feet (48 meters) wide, according to the website.

Inspectors found a problem with the Dali's machinery in June, but a more recent examination did not identify any deficiencies, accordtion system Equasis.

Danish shipping giant Maersk said it had chartered the vessel.

Last year, the Port of Baltimore handled a record 52.3 million tons of foreign cargo worth \$80 billion, according to the state.  $\Box$ 



### Dutch hyperloop center aims to advance futuristic transport technology

#### **BV MIKE CORDER Associated Press** VEENDAM, Netherlands

(AP) — A 420-meter (quarter-mile) white steel tube running alongside a railway line in the windswept northern Netherlands could usher in a new era in the transportation of people and freight.

The tube is the heart of the new European Hyperloop Center that opens Tuesday and will be a proving ground in coming years for developers of the evolving technology.

Hyperloop, once trumpeted by Elon Musk, involves capsules floating on magnetic fields zipping at speeds of arund 700 kph (435 mph) through lowpressure tubes. Its advocates tout it as far more efficient than short haul flights, high-speed rail and freight trucks.

But since Musk unveiled the concept that he said could shuttle passengers the nearly 400 miles (645 kilometers) between Los Angeles and San Francisco in 30 minutes, it has progressed at a much slower pace from the drawing board toward the real world.

"I expect by 2030 you will have the first hyperloop



Sascha Lamme, director of the European Hyperloop Center and co-founder of Hardt Hyperloop is interviewed during a press tour of a new European test center for hyperloop transportation technology which opens in Veendam, northern Netherlands, Tuesday, March 26, 2024.

route, maybe five kilometers (three miles) in which people will actually be transporting passengers," said the center's director, Sascha Lamme. "Actually there's already preparations being done for such routes in for example Italy or India."

Not everybody is as optimistic about Hyperloop's future.

"This is just another example of policy makers chasing a

shiny object when basic investment in infrastructure is needed," Robert Noland, distinguished professor at the Bloustein School of Planning and Public Policy at Rutgers University, said in comments emailed to The Associated Press.

"It costs too much to build," he added.

Lamme said skeptics should come and take a look for themselves. "We built the European Hy-

even included all the cost optimizations that we can do in the coming decade to reduce that even fur-

rail," he said.

ther." The test center's tube is made up of 34 separate sections mostly 2<sup>1</sup>/<sub>2</sub> meters (more than eight feet) in

perloop Center and from

what we have built, we

know that we can be com-

petitive with high-speed

"And then we have not

**Associated Press** 

diameter. A vacuum pump in a steel container next to the tube sucks out the air to reduce the internal pressure. That reduces drag and allows capsules to travel at such high speeds. A test capsule built by Dutch hyperloop pioneer Hardt Hyperloop will take part next month in the first tests at the center that is funded by private investment as well as contributions from the provincial government, the Dutch national government and European Commission.

A unique feature of the Veendam tube is that it has a switch where it splits into two separate tubes, a piece of infrastructure that will be critical to real-life applications.

"Lane switching is very important for hyperloop, because it allows vehicles to travel from any origin to any destination," said Marinus van der Meijs, Hardt's technology and engineering director. "So it really creates a network effect where you sort of have a highway of tubes and vehicles can take an on and offramp or they can take a lane switch to go to a different part of Europe or to a different destination."

### Russia extends arrest of U.S. reporter Evan Gershkovich

MOSCOW (AP) — A Moscow court on Tuesday ordered Wall Street Journal reporter Evan Gershkovich to remain in jail on espionage charges until at least late June, court officials said. The 32-year-old U.S. citizen was arrested in late March 2023 while on a reporting trip and has spent nearly a year behind bars. His arrest was extended until June 30. Photos from the courtroom released by court officials showed Gershkovich, clad in a black checkered shirt, smiling from the glass defendant's box.Gershkovich and his employer have denied the allegations, and the U.S. government has declared him to be wrongfully detained.

His arrest in the city of nage charges. Yekaterinburg rattled journalists in Russia, where authorities have not detailed what, if any, evidence they have to support the espio-

Gershkovich is being held at Moscow's Lefortovo prison, which is notorious for its harsh conditions. U.S. ambassador to Russia



U.S. Ambassador to Russia Lynne Tracy, left, enters the Moscow City Court to attend hearing on Wall Street Journal reporter Evan Gershkovich's case, in Moscow, Russia, on Tuesday, March 26, 2024.

**Associated Press** 

Lynne Tracy attended the court hearing on Tuesday and reiterated that "the accusations against Evan are categorically untrue." "They are not a different interpretation of circumstances. They are fiction," Tracy told reporters outside of the courthouse. "No justification for Evan's continued detention, and no explanation as to why Evan doing his job as a journalist constituted a crime. cow correspondent for U.S. Evan's case is not about evidence, due process or was arrested by the KGB. rule of law. It is about using American citizens as pawns to achieve political ends." Analysts have pointed out that Moscow may be using jailed Americans as bargaining chips in soaring

U.S.-Russian tensions over the Kremlin's military operation in Ukraine. At least two U.S. citizens arrested in Russia in recent years including WNBA star Brittney Griner have been exchanged for Russians jailed in the U.S. Gershkovich is the first American reporter to be arrested on espionage charges in Russia since September 1986, when Nicholas Daniloff, a Mos-News and World Report, Daniloff was released without charge 20 days later in a swap for an employee of the Soviet Union's U.N. mission who was arrested by the FBI, also on spying charges.

## WEDNESDAY 27 MARCH 2024 WORLD NEWS



### UK court says Assange can't be extradited on espionage charges

#### **By SYLVIA HUI and JILL LAWLESS Associated Press**

LONDON (AP) — A British court ruled Tuesday that Julian Assange can't be extradited to the United States on espionage charges unless U.S. authorities guarantee he won't get the death penalty, giving the WikiLeaks founder a partial victory in his long legal battle over the site's publication of classified American documents.

Two High Court judges said they would grant Assange a new appeal unless U.S. authorities give further assurances within three weeks about what will happen to him. The ruling means the legal saga, which has dragged on for more than a decade, will continue and Assange will remain inside London's high-security Belmarsh Prison, where he has spent the last five years. Judges Victoria Sharp and Jeremy Johnson said the U.S. must guarantee that Assange, who is Australian, "is afforded the same First Amendment protections as a United States citizen, and that the death penalty is not imposed."

The judges said that if the Assange's supporters say



Demonstrators hold placards after Stella Assange, wife of Wikileaks founder Julian Assange. released a statement outside the Royal Courts of Justice, in London, Tuesday, March 26, 2024. **Associated Press** 

U.S. files new assurances, "we will give the parties an opportunity to make further submissions before we make a final decision on the application for leave to appeal." The judges said a hearing will be held May 20 if the U.S. makes those submissions.

The U.S. Justice Department declined to comment Tuesday.

he is a journalist protected by the First Amendment who exposed U.S. military wronadoina in Iraa and Afghanistan that was in the public interest.

Assange's wife Stella Assange said the WikiLeaks founder "is being persecuted because he exposed the true cost of war in human lives."

"The Biden administration should not issue assur-

to opposition leader María

Corina Machado, who

faces a government ban

on her running for office.

Hours before the opposi-

tion coalition couldn't reg-

ister Yoris, President Nicolás

ances. They should drop this shameful case, which should never have been brought," she said outside the High Court in London. The ruling follows a two-day hearing in the High Court in February, where Assange's lawyer Edward Fitzgerald said American authorities were seeking to punish him for WikiLeaks' "exposure of criminality on the part of the U.S. government on an

unprecedented scale," including torture and killings. The U.S. government said Assange's actions went beyond journalism by soliciting, stealing and indiscriminately publishing classified government documents that endangered many people, including Iragis and Afghans who had helped U.S. forces.

The judges rejected six of Assange's nine grounds of appeal, including the allegation that his prosecution is political. They said that while Assange "acted out of political conviction ... it does not follow however that the request for his extradition is made on account of his political views." The judges also said Assange could not appeal based on allegations, made by his lawyers, that the CIA developed plans to kidnap or kill Assange during the years he spent holed up in the Ecuadorian Embassy in London, to prevent him from trying to flee. The judges said "plainly, these are allegations of the utmost seriousness," but concluded they had no bearing on the extradition request. 🗋

### Venezuela's main opposition coalition unable to register a presidential candidate

CARACAS, Venezuela (AP) jority of Venezuelans who - The main Venezuelan opposition coalition said early Tuesday that electoral authorities didn't let it register its presidential candidate as the deadline ended, in what it called the latest violation to the citizens' right to vote for change in the South American country.

The candidate, Corina Yoris, could not be registered by midnight Monday, which was the time limit for registering for the election set for July 28, said Omar representative Barboza, of the U.S.-backed Unitary Platform coalition.

On a video posted on the Unitary Platform X account, Barboza said this was "a violation of the right of the mawant to vote for change," and he demanded the registry be reopened. Yoris, an 80-year-old unknown newcomer, was named Friday the substitute

Opposition presidential candidate Corina Yoris gives a press conference in Caracas, Venezuela, Monday, March 25, 2024. **Associated Press** 

Maduro got the support of thousands as he made official his candidacy for a third term that would last until 2031.

Polls show the unpopular Maduro would be trounced by a landslide if Venezuelan voters were given half a chance.

The self-proclaimed socialist leader has so far managed to block his chief opponents from running while alternately negotiating and then reneging on pete in the July elections, minimal electoral guaran- none of them connected tees promised to the U.S. to the main opposition cogovernment in exchange for relief from oil sanctions. "We've exhausted all of the possibilities," Yoris said Monday at a news conference in which she detailed her failed attempts to regis-

ter, both electronically and in person, her candidacy. "It's not just the name of Corina Yoris that is being denied but the name of any citizen that wants to run."

In registering his own candidacy, Maduro, without mentioning Yoris by name, blasted his would-be rival as a "puppet" of traditional elites.

To date, 10 candidates have registered to comalition and several seen as representing little threat to Maduro's power base. Once parties register their candidate, they have until April 16 to name a substitute.



### Visit the island's hidden natural pools

(Oranjestad)—Amongst the pool itself is very calm. the countless beaches surrounding the island that are well-known and frequently visited, there are an additional two "hidden" natural pools that are situated in the northern coast of the island, two ideal stops in your tour itinerary.

#### Conchi (Natural Pool)

For many years, Conchi was the only natural pool that we had on the island. Located in the Arikok National Park, near Boca Keto and the Daimari Ranch, Conchi-also known "Cura di Turtuga (Turtle's Cove) or just Natural Pool—is reachable with any 4x4 vehicle or by foot if you're up for a long hike. However, since it is part of the National Park, you must first get permission from park management to enter. You would have to purchase a day pass, and receive a wristband as proof of payment. Once you've completed that, you are set!

If you decide to hike from the entrance of the Arikok National Park, this is also possible: do bring plenty of protective clothing and enough water and food—it could take you up to three hours to hike there!

However, when you eventually do get there, you will be greeted with crystal blue water surrounded by a natural rock formation that protects you from the wild waves on the other side. Though the pool is located on the northern side of the island (where the sea is largely rough and largely no suitable for swimming),

It's also relatively deep, and you can climb up the rocks and jump in!

#### **Cave Pool**

This relatively new pool appeared just a few years ago, when a part of the dried up coral floor broke off and created a partition between the ocean and what is now the natural pool that is hidden there. Because it's still so new, there is no official name for it, but most people just call it the cave pool.

Just like the Conchi, the new natural pool is situated on the northern coast of Aruba. However, this pool is much easier to reach with any type of vehicle, and there is no hiking needed. This spot has also become a regular stop for touring visitors.

When you get there, maybe you won't be able to spot the pool immediately, because you will probably notice the moon-shaped lagoon where wild northern waves crash into each other. Sounds scary, but if you look down on your right, you'll see a calm, crystal blue little pool in the corner. To get there, you have to climb down some stairs. Be careful when climbing down and follow the instructions of your tour guide if you have one.

And just like Conchi, this pool also has a jumping spot, and a rope to climb back up the boulder.

Picture of cave pool is credited to RockaBeach Tours





Experience Aruban culture with this exciting theme night featuring a Carnival show, mixology bar, local artists and more. You can sample Aruban cuisine, including delicious BBQ options with a tropical twist. A local brass band will be performing, and you can pose with elaborately dressed Carnival dancers for a memorable photo op as well, so don't miss it.

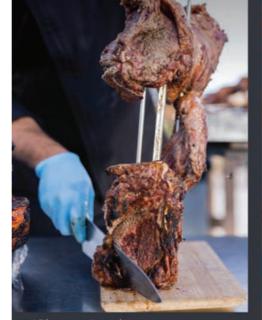
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### Did you know about... Basic driving rules on Aruba (part 1)

(Oranjestad)—Have you ever felt confused when you're driving on the highways or backstreets of Aruba? Then we present a simple guide to some of the basic rules of Aruban traffic, along with some tips for things to look out for.

#### **Speed limit**

Legally, the speed limit on the four-lane highways is 80 km/h. This speed limit also counts for the main roads that are connected to the highways. The minimum speed is 50 km/h. Most people drive around 60 km/h on the main roads and about 70 km/h on the highways. There are also areas that indicate a speed limit on a sign; these are usually around populated and school areas.

The four-lane highways contain the left-lane, also known as the "fast" lane for each direction. Here is where vehicles can drive up to the maximum speed. However, legally it is not permitted to drive for long periods of time on the left lane. This lane is primarily designed for drivers to switch lanes before a roundabout, for example, if your exit on the roundabout is on your far left. The general lane to drive in both at maximum and minimum speed—is on the right lane.

#### Roundabouts

Speaking of roundabouts, it is important to know where you have to enter and drive on the round-

about to make your exit. A good rule of thumb is to count the exits starting from your right side. So, exit 1 would be on your right; exit 2 would be straight ahead; exit 3 would be on your far left and exit 4 would lead to the road paralleled to the one you're on, heading in the other direction.

Most roundabouts have these 4 exits, so they are relatively simple. When you're driving on the fourlane highway, it is important to know when to switch to the left lane to make your exit: if your exit is on your far left (exit 3), then you need to switch to the left lane on the high way before nearing the roundabout so you can take the path that leads you directly to your exit. If your exit is on your right or if you're going straight ahead, you can keep driving in the right lane of the highway.

It's also important to know that vehicles about to enter the roundabout must yield to those already on it. A good rule of thumb is to look out if someone is coming from your left side.

However, other roundabouts can be quite tricky to navigate...

#### Watty Vos Boulevard (the "paperclip" roundabout)

Probably the biggest roundabout on the island, the "paperclip" roundabout on the Watty Vos

Boulevard is one of the trickier roundabouts that could—and has-caused confused among both tourists and locals. However, once you take a good look at it, it's fairly simple. The basis is just the same as a regular roundabout (left exit? left lane! etc.), but instead of having four different exits like on a regular roundabout, now you have two extra; one on the right and the other on the left side of the roundabout. The rules don't change at all, you just have to keep an extra eye open.

#### Airport roundabout

Ah, yes. The infamous airport roundabout. The favorite roundabout amongst local, because of its easy (hard) lanes that never (always) cause confusion among drivers. Sarcasm aside, this roundabout can be tricky to enter, especially when you're driving from the direction of the airport heading. When you're driving away from the airport reaching the roundabout, you'll be faced with three lanes. The far right lane is to take the exit 1 out heading east (right lane of highway). The middle exit is used for exit 1 (left lane of highway), 2 and 3. The far left exit is used to only exit on exit 3 (left lane of highway) and 4.

#### "Las Americas" roundabout

The Las Americas roundabout is located near the Talk of the Town hotel, west from the airport roundabout. This roundabout may look like a regular roundabout—and for the most part, it is. However, when you are driving from the east going in the direction of town, please take note that there are two exits on your right.

When you're driving towards this roundabout, you'll notice that the road becomes wider, splitting into two lanes. The right lane is used to take the first and second exit on the right. If you want to exit straight ahead, you must drive on the left lane!

It's always scary to drive in new places where the traffic may look and work differently, but once you get it right once, you'll get the hang of it in no time. Additionally, all roundabouts and roads on Aruba have signs and arrows painted on the road to help guide you. So take your time, keep your eyes open and don't forget to wear a seat belt!





## LOCAL A9 WEDNESDAY 27 MARCH 2024

### Weekly Free Slot or Table Play for all qualified Club members.



### Don't forget to visit Aruba's famous Red Anchor

At the south east coast of the island, standing alone on a windswept and barren land stands a popular Aruba landmark – a large anchor. It overlooks the sea just beyond, watching over the shipping lanes. It stands there in memory and in honor of all seamen who have lost their life at sea.

#### Where to Find the Anchor?

The anchor is a "must see" landmark when you visit Aruba. It is among the most photographed historical landmarks for the island. You want to make sure you add this stop on your itinerary when your visiting the south coast of Aruba. The bright red anchor against the backdrop of the deep blue Caribbean sea and the azure blue skies, make a great backdrop for your vacation pictures.

The anchor is located at the entrance to Gate 6 to the former Lago Colony. It is on the outskirts of Seroe Colorado, on the south east point of the island at the "T" junction to Baby Beach.

Depending on where you are staying on the island, follow the signs that inthe T-junction, it will be right in front of you.

#### About the Anchor Size

It will be hard to miss the anchor, it's huge! The anchor that weighs 21,772 kilos, is approximately 10 feet 6 inches wide and 15 feet, 6 inches tall.

On the anchor there are some numbers. The 4112 and 4115, which are believed to be the serial numbers that refer to the "fluke" or horizontal and vertical parts of the anchor, respectively. The number 21772K refers to the weight of the anchor in kilos. This type of anchor was manufactured by Hoesch Dortmund Horde, at a foundry located in Germa-

#### Where did the Anchor **Come From?**

There are a number of stories as to the origins of the anchor, which one do you think it was? (Unfortunately the mystery has never been solved, so your imagination can pick which one you think it might be!)

#### Story 1:

ny.

"According to Mr. Manuel M. Curiel, an ex-Lago Tug Captain, a fully laden VLCC (Very Large Crude Carrier) was seeking a mooring at the 15-mile anchorage, known as Bara, on the southern part of the island. This is the usual shallow mooring location for ships awaiting orders, etc. dicate the way to Baby The weather was rough Beach. Once you reach with strong current. The normal procedure is that they would walk out three shackles (about 90 feet) until the anchor touches the bottom while the chain must rest on the bottom. Subsequently, they will walk out some extra shackles and when the ship starts

to swing or lean on one side, the anchor is properly set. Because of the rough weather, unfortunately they did not get the time to walk out the extra tackles and because of the tension exerted on the winch, it broke, and they lost the anchor and its chain."

#### Story 2:

"Mr. Curiel also said that at one time a small tanker with a Korean crew, while lifting their anchor also lifted another anchor near the inner harbor. When the ship asked for assistance, he went with his tugboat along with a barge, to help. But eventually they had to cut the chain and let the anchor go to the bottom because they could not untangle them."

#### How Did The Anchor Become a Landmark?

Sometime between 1980 and 1985, three gentlemen (Mr. Wim Martinus - the Harbormaster of Aruba; Mr. August Genser - the ex-Division Superintendent of Lago's Laboratory; and Mr. Willie Davis – Owner of Filtec at Zeewijk in San Nicolas), were having a conversation with Mr. Charlie Brouns Jr. at his famous Charlie's Bar and Restaurant in San Nicolas. Charlie, who was a visionary and had dreams for developing the San Nicolas area, told these gentlemen that he would like to come up with something innovative for the San Nicolas area to draw tourism to the area.



The Red Anchor situated at the entrance of former Lago Colony in San Nicolas

The "anchor", which at that time was being stored at the Oranjestad harbor, was suggested as an option. Charlie liked the idea! He then contacted the President of Lago for permission to acquire the anchor. He was granted permission and the anchor was then relocated to its present location and dedicated "To All Seamen" on the occasion of the closing of the Lago Oil Refinery on March 31, 1985.

#### Through the Years

Through the years the Anchor was slowly weathering from the wind and salt. As time passed, sadly the origin and purpose of the anchor slowly faded away from people's memories.

After Charles Brouns Jr died on September 15, 2004, his friend Mr. Sam Speziale, requested assistance from the management of Valero Aruba Refinery to help maintain the monument. The Valero Aruba Refinery, graciously sandblasted and painted the anchor and poured a concrete pad around it. On April 17, schedule.

2005, the anchor monument was rededicated "To All Seamen" in a formal ceremony in memory of Charles Brouns Jr.

Today, the anchor stands both as memorial to all seaman who have lost their lives at sea, but also as a silent reminder that Seroe Colorado is part of San Nicolas and that San Nicolas is still a vibrant and important part of the island of Aruba.

#### The Best Time to Visit

When your planning your visit to the south end of the island, you will want to include in your itinerary the many things to see and do there. The anchor will be just one of these stops, (keep an eye out for our future editions, we publish our recommendations!).

With that being said, I have to say, if you enjoy catching a sunrise, the anchor is one of the best places on the island to catch the sunrise. But in reality, anytime is a good time to visit, depending on your personal







### An invasive introduction

Each week, Island Insight shares with you a story of Aruba through the eyes of Etnia Nativa, a native venue that welcomes curious visitors to an island experience far beyond their usual expectations and connects each one with the mystical aspects of the island, its native culture, and its colonial heritage. Since that educational glance in this episode, we share about a poisonous, climbing, invasive, but beautiful plant: "Cordon di San Francisco," an invasive introduction.

Over time, on Aruba, different plants, for many different reasons, with characteristics adaptable to our soil and our climatic conditions, were introduced. Some of them originate from Madagascar, a big island close to the African continent in the Indian Ocean. Like fruit trees such as the tamarind, ornamental flowering trees like the beautiful flamboyant, various colors of periwinkles, and our subject, the rubber vine known locally as the Cordon di San Francisco, to name a few. The condition of our island and the constant search for a profitable industry for its inhabitants were the main reasons for these kinds of ventures. The introduction of rubber was exactly the reason to introduce this plant: to extract its commercially qualified sap for the rubber industry.

Its latex contains commercial-grade rubber, hence its English name. The latex obtained from the stems can be used to make rubber. It is equal in quality to the latex obtained from the rubber tree. This plant has abundant milky juice, which, when exposed for a short time to the sun, is converted into pure caoutchouc. A fiber is obtained from the stems. It is said to be a fine, strong fiber, resembling flax, which may be spun into the finest yarn.

"Cordon di San Francisco" (Cryptostegia grandiflora) is a perennial woody vine with very showy flowers. It climbs trees and bushes and everything that gets in its path: electricity poles, walls, fences, and roofs. Often, the plants are completely suffocated since takes over it surrounding vegetation. In different parts of the world, it is considered a very invasive weed that has





Article by Etnia Nativa

to be eradicated.

"Cordon di San Francisco" is highly poisonous; it is extremely unpalatable, and thus, grazing animals in places where this plant grows usually avoids it. It contains glucosides that interfere directly with heart function. Different studies indicate it is used as a poison for vermin.

This invasive plant has adapted perfectly throughout the Caribbean. After the rainy season, if you're going to walk through the island, you will be surprised by the attractiveness of its beautiful flowers.

Its seeds germinate after the first rains and are dispersed by the winds. accelerating its growth a few days later. If enough water is available, rubber vines can grow extremely fast, up to five meters in a month. While the primary dispersion is a few meters from the mother plant, Aruba's wind plays a predominant role in the dispersion of its seeds. Studies have proven that winds can extend their dispersion up to ten kilometers.

Normally, the San Francisco cordon( cordon in Papiamento lenguage means rope) can grow up to 2 meters (6 ft 7 in) tall as a shrub, but when supported by other vegetation such as a vine, it can reach up to 30 meters or 100 feet long.

Although it prefers areas where annual rainfall is more abundant than what usually falls on our island, you will be surprised to see how invasively it expands over all types of shrubs, trees, and cacti with great lightness just after a few raindrops.

If knowing more about Aruba is on your itinerary, Etnia Nativa is your only choice—a unique native gem! Let Anthony, our acclaimed cultural columnist, guide and lecture you regarding the most interesting and revealing stories regarding Aruba's uncovering knowledge acquired through generations of native ethnic presence, an beyond beaches learning adventure. Visit his magnificent dwelling that integrates reused materials with nature, bursting with culture and island heritage! Whats App +297 592 2702 etnianativa03@gmail.com



### Episode CCL - 250





### Last six shows! Aruba ray's comedy; The #1 rated nightlife and #1 rated show on Aruba finishes their winter season on April 4th

Top American standup comics from Netflix, America's Got Talent, HBO and Comedy Central perform at Ray Ellin's phenomenal show. Guarantee your seats at www.ArubaComedy.com

The Aruba Ray's Comedy show features some of the funniest American standup comedians in a terrific 90-minute show.

Celebrating ten years of excellence in Aruba, Aruba Ray's Comedy is the number one rated Night Time Activity on TripAdvisor, and the number one rated Show on TripAdvisor. And, it was named as one of USA Today's "10 Best!" for the second time.

Advance tickets are suggested - and are less expensive - - at www. ArubaComedy.com.

This is the same caliber show you would find at top comedy clubs in NYC. The comedians are truly some of the best from the United States, and perform in an excellent comedy club located at the Eagle Resort in Eagle Beach.

Ray Ellin hosts and produces the shows. Ray is also the host of the podcast Wild Nights on the Prairie. He has produced



a new film coming out later this year called Misfit, and executive produced comedian Mike Vecchione's brand new comedy special The Worst Kind of Thoughtful. It is VERY unique - the first User Generated Comedy Special, and it is a hit on YouTube.

Considered by his peers to be the best host in NYC, Ray is known as "Aruba Ray" because of his passion for Aruba. Ray has been coming to Aruba every month for the past twelve years, and produces and hosts these incredible comedy shows on the island. He is a





popular comedian in New York, and has brought his talent and colleagues to Aruba.

Ray has appeared on many television programs; he executive produced the Comedy Central television show This Week at the Cellar, hosted the popular talk show Late Net, and hosted the television shows The Movie Loft, Brain Fuel, and New York Now. He also produced and directed the very successful film The Latin Legends of Comedy, distributed by 20th Century Fox.

The comedy shows are at 8:30pm on Monday, Tuesday, Wednesday, and Thursday until April 4th.

The Double Down dinner menu is available, you must arrive by 6:45pm for that. Otherwise, arrive by 8pm for the show.

Purchase tickets in advance at www. ArubaComedy.com. Each ticket gives you a free casino promotion.

Ask your concierge for assistance, or call the Eagle Aruba Resort at 297-587-9000.

We believe you will have the highlight of your trip at this show, enjoy!

### Why You Should Not Miss Aruba's Free City Center Street Car Tour

ORANJESTAD - Aruba's City Center Street Car - or as we call it in Dutch; "Tram van Oranjestad' - is a single track tram line in Oranjestad, the capital city of Aruba. It was inaugurated on 22 December 2012, being the first and so far the only passenger rail service on Aruba and the rest of the Dutch Caribbean. There are two trolleys, a single-deck one with 42 seats and a double-decker with 64 seats. The line was inspired by the popular battery-powered streetcar operation at the Grove in

Los Angeles, USA. Aruba's streetcars are powered by hydrogen fuel cells, which are charged by the island's year-round trade winds. tour consists of a total of 9 stops approximately 200 meters apart from each other; all stops are clearly marked. The tram will bring you close

Caya Betico Croes, mostly referred to as our "main street" has been developed into a pollution-free pedestrian mall. The double-decker offers you a 360 degree view of the down town area with a picture perfect scenery of the island's clear blue skies. Who would not enjoy a ride on this beautiful and naturally air-conditioned vehicle? The

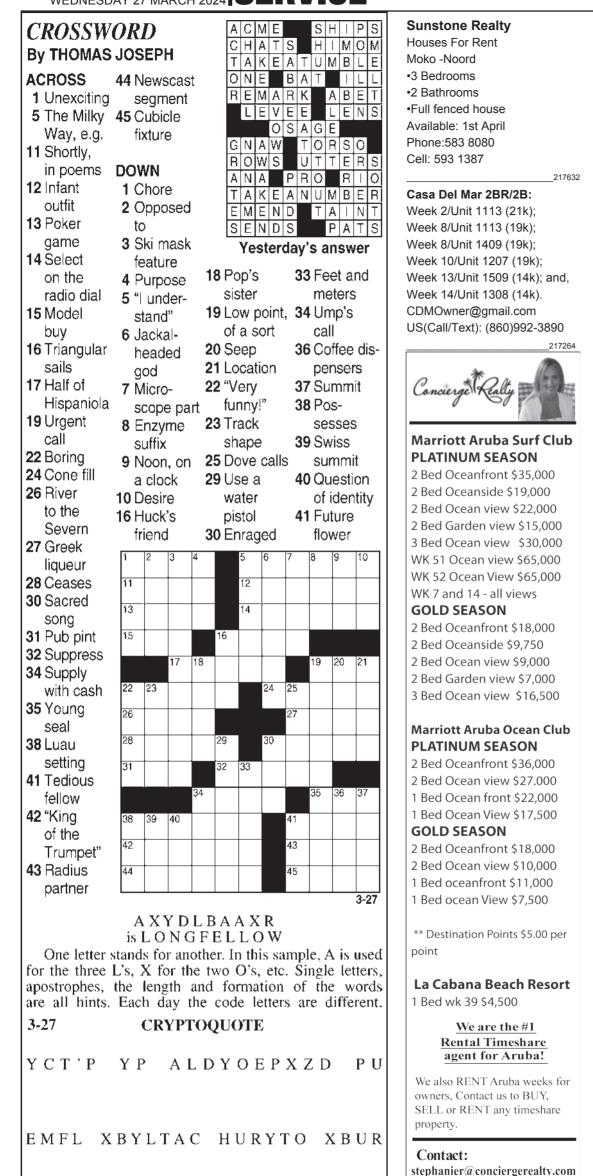
stops approximately 200 meters apart from each other; all stops are clearly marked. The tram will bring you close to different museums, historical plazas, monuments, the Protestant church, Aruba's high- end mall, retail shops, and a variety of local and international cuisine restaurants. The "I love Aruba" trademark also belongs to that list. The third stop on the route is close to a 5-minute walk to the famous Renaissance Marina showcasina luxurious yachts and Aruba's blue waters.

The "Tram van Oranjestad" starts from a balloon loop near the Port of Call and serves the downtown area and ends at Plaza Nicky. The first ride starts at 10:00 am sharp with intervals of 25minutes. The last trolley departs from the cruise port at 5:00pm. Don't miss this tour of the beautiful Aruba's City Center- it is free for all!





## WEDNESDAY 27 MARCH 2024 SERVICE



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### Helpful tips for your stay on Aruba

(Oranjestad)—When traveling to another country, especially for the first time, it is always better to be over-prepared than under-prepared. That is why we have a list of basic—but important—information that we think may come in handy to Aruba's visitors.

#### **Electrical power**

Aruba generally operates on 110V to 127V supply voltage and 60Hz. There are also three types of outlets used on the island: type A with two flat prongs; type B with two flat and one grounding prong, and on occasion, type F with two round prong and two earth clips on the side. However, Type A is most commonly found in homes and establishments.

#### Drinking water

The water that flows through the sinks of every house, hotels and other establishments is distilled and perfectly safe to drink. Aruba's drinking water exceeds WHO's international standards for water quality, so there is no need to buy bottled water from the store.









#### The Reef

Eagle beach 3 x Condo 2 BR 2 Bath 2sd floor Price : \$ 923,650 / \$852 ,600 \$742,100 Call: 011-297-630-1307 johnnypaesch@gmail.com

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#### **HTTA**

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Violence Against Women

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#### Divi Village golf

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#### **House For Sale**

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### **HEALTH**

#### DOCTOR ON DUTY

Oranjestad

Hospital 7:00 pm / 10:00pm Tel. 527 4000

San Nicolas Imsan 24 hours Tel.524 8833

WEDNESDAY 27 MARCH 2024

### PHARMACY ON DUTY

Oranjestad: Eagle: Tel.587 9011 San Nicolas: San Lucas: Tel. 584 5119

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A13

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Noord	527 3200
Sta. Cruz	527 2900
San Nicolas	584 5000
Police Tipline	11141
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Red Cross	582 2219

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Prof. Taxi	588 0035
Taxi D.T.S.	587 2300
Taxi Serv. Aruba	583 3232
A1 Taxi Serv.	280 2828

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- Alcoholics Anonymous Tel. 736 2952
- Narcotics Anonymous Tel. 583 8989

Fundacion Contra Violencia Relacional Tel. 583 5400 Centre for Diabetes Tel. 524 8888 Child Abuse Prevention

Tel. 582 4433

#### Quota Club Tel. 525 2672

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**Azure Residence** 

2 BR 2 Bath unit # 513 5 th floor : \$765,400



### Bird flu, weather and inflation conspire to keep egg prices near historic highs for Easter

#### **By DEE-ANN DURBIN AP Business Writer**

Egg prices are at near-historic highs in many parts of the world as the spring holidays approach, reflecting a market scrambled by disease, high demand and growing costs for farmers. It's the second year in a row consumers have faced sticker shock ahead of Easter and Passover, both occasions in which eggs play prominent roles.

While global prices are lower than they were at this time last year, they remain elevated, said Nan-Dirk Mulder, a senior global specialist with Dutch financial firm RaboBank's RaboResearch Food and Agribusiness division. Mulder doesn't expect them to return to 2021 levels.

In the United States, the average price of a dozen eggs was \$2.99 in February, down from \$4.21 last year, according to government data. Still, that's significantly more than the \$1.59 cents per dozen consumers were paying in February 2021.

In Europe, egg prices are 10% to 15% lower than last year but still about double what they were in 2021,



Eggs are cleaned and disinfected at the Sunrise Farms processing plant in Petaluma, Calif., on Thursday, Jan. 11, 2024, which had seen an outbreak of avian flu.

Mulder said.

One major culprit is avian flu. Outbreaks of the deadly respiratory disease were reported in Europe, Africa and Asia in 2020 and spread to North America in 2021. In hens were killed late last 2022 alone, more than 131 million poultry worldwide died or were culled on affected farms, according to the World Health Organization.

Outbreaks are continuing. In December, the U.S. confirmed cases in 45 commer-

cial flocks and 33 backyard flocks, affecting 11.4 million birds, according to the U.S. Department of Agriculture. In South Africa, egg prices soared after 40% of laying year due to the respiratory disease, Mulder said. A tray of six eggs cost 25.48 South African rand (\$1.34) last month, up 21% from February 2023.

Even when avian flu dissipates, it can take a long time for the egg market to settle. It takes a farm three to six months to replenish a flock, so during that time, egg supplies are lower and prices rise, said Emily Metz, president of the American Egg Board, a marketing organization. If farms restock with too many chickens, it can drive prices down.

**Associated Press** 

That's what happened in the U.S. last summer when egg prices plunged to \$2 per dozen. "It's supply and demand searching out. You have to have a profitable price," David Anderson, a professor and extension economist for livestock and food marketing at Texas A&M University, said.

And profits can be hard for farmers to come by during periods of inflation. Chicken feed represents up to 70% of a farmer's costs, and feed prices doubled between 2020 and 2022, Mulder said. Weather, COVID-related disruptions and the war in Ukraine which drove up the price of wheat and other crops -- were all contributors.

In Nigeria, the cost of a crate of eggs has doubled since the beginning of the year due to weakened currency, the removal of fuel subsidies and high costs for farmers.

Teslimat Abimbola, who runs a poultry farm in the southern city of Ibadan, said 25 kilograms of feed that cost 2,500 Nigerian naira (\$1.78) in 2020 now costs 13,000 naira (\$9.23).

Abimbola has lost some customers as a result of price increases. "Many farms have been forced to shut down due to the high costs of rearing chickens," Abimbola said.

### Do you want fries with that? Krispy Kreme doughnuts are coming to McDonald's

McDonald's didn't specify

how many of its 13,500 U.S.

**NEW YORK (AP)** — Krispy at McDonald's locations Kreme and McDonald's are getting together over breakfast.

The doughnut chain and the companies said, with the fast food giant unveiled plans Tuesday to offer Krispy Kreme products

across the United States. A phased rollout is expected to start later this year, availability at participating restaurants nationwide expected by the end of 2026.

locations 95% of which are franchised would be participating in the deal. But in a prepared statement, Krispy Kreme President and CEO Josh Charlesworth said the partnership would aive customers "unprecedented daily access" to the Charlotte, North Carolinabased company's glazed,

filled and frosted treats. "By making Kreme Krispy accessible to fans nationwide through this partnership, we expect to more than double our points of access by the end of 2026," Charlesworth said.

Taria Hassan, chief marketing and customer experience officer for McDon-

ald's USA, said the deal marked a chance to "unlock new business opportunities" in the Chicagobased chain's breakfast category and the sweet items it sells throughout the day.

McDonald's plans to make three Krispy Kreme doughnut varieties original glazed, chocolate iced with sprinkles and a filled chocolate iced available individually and in boxes of six until daily supplies last. The partnership is hardly the first bringing major restaurant chains and popular food brands together. Taco Bell, for example, has long boasted Doritos-flavored tacos while Wendy's brought a Cinnabon "pullapart" treat to its menu last month.

Krispy Kreme has teamed up with other businesses before. Krispy Kreme doughnuts are sold at Walmart, Kroger and other grocery chains along with the chain's own stores. In total, the company says it operates in 35 countries with more than 14,000 "fresh points of access" through its own shops, retail partnerships and e-commerce business.

Following the announcement of the McDonald's deal, shares of Krispy Kreme soared nearly 30% by late morning Tuesday. McDonald's stock was up about 0.08%.



A Krispy Kreme Doughnuts sign is shown on Aug. 11, 2017, in Miami.

**Associated Press** 



### NFL owners approve a radical overhaul to kickoff rules, adopting setup used in XFL

#### By ROB MAADDI **AP Pro Football Writer**

ORLANDO, Fla. (AP) - Kickoff returns are returning to the NFL.

Team owners on Tuesday approved a new rule that will take what essentially had become "a dead play" and make it an integral part of the game again.

"We feel this is a great day for the NFL," said Saints special teams coordinator Darren Rizzi, who was heavily involved in creating the framework for the new hybrid kickoff.

The major overhaul to special teams which has been in the works for years takes elements of the kickoff rules used in the XFL and tweaks them for use in the NFL beginning in 2024. The rule will be in play for one season on a trial basis and then be subject to renewal in 2025. NFL Competition Committee chairman Rich McKay said the new rule passed by a 29-3 to vote.

"There was a little fear of the unknown," McKay said. "I think the optics are definitely the most drastic (rule change) we've seen. The thing that gives us all the comfort is we have the tape, we've seen it. We



Rich McKay, Atlanta Falcons CEO and Competition Committee Chairman, addresses reporters about rules changes at the NFL owners meetings, Monday, March 25, 2024, in Orlando, Fla.

can show you the plays and you can see how this can play out."

McKay said there was urgency to vote on this rule before the draft because it could impact the way teams structure rosters. There were 1,970 touchbacks on kickoffs last season that now could be returns. There were 92 fair catches last season that are no longer allowed. Any ball caught in the field of play must be returned.

"The kickoff returners' value is gonna skyrocket," Cowboys special teams coach John Fassel said.

NFL Commissioner Roger Goodell said he anticipates the league may have to tinker with the rule in the future but considers this "a big improvement."

"I think it will bring the play back into a relevant play, an important play, an exciting play and I think we can do it where the injury rate will drop," Goodell said.

For a standard kickoff, the ball would be kicked from the 35-yard line with the 10 kick coverage players lined up at the opposing 40, with five on each side of the field.

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The return team would have at least nine blockers lined up in the "set up zone" between the 30- and 35yard line, with at least seven of those players touching the 35. There would be up to two returners allowed inside the 20.

Only the kicker and two returners would be allowed to move until the ball hits the ground or was touched by a returner inside the 20.

Any kick that reaches the end zone in the air can be returned, or the receiving team can opt for a touchback and possession at the 30. Any kick that reaches the end zone in the air and goes out of bounds or out of the end zone also would result in a touchback at the 30

If a ball hits a returner or the ground before the end zone and goes into the end zone, a touchback would be at the 20 or the play could be returned.

"It's a drastic kind of move that's going to be way different," said Ravens coach John Harbaugh, a former special teams coordinator. "Is that the right move at this time? I don't know. I think that's to be determined."

Under current rules, any touchback or if a returner calls for a fair catch in the field of play results in the receiving team getting the ball at its 25.

The proposal needed 24 of 32 votes to pass.

"I'm all for it," Chiefs coach Andy Reid said. 🗋

### New concussion guidelines could get athletes back to exercise, school earlier

#### **By JIMMY GOLEN AP Sports Writer**

American athletic trainers are getting behind guidelines that could allow students who sustain a concussion to return to class and physical activity sooner.

A statement published Athletic Training encourages practitioners to consider the psychological effects on students if they are kept out of school while they recover.

"Current guidelines caution against returning students immediately to school, but this does not

main at home for an extended period of time," the statement says. "After a short period of cognitive rest (24–48 hours), student-athletes can begin by physically returning to school."

cussed athlete to resume light exercise as long as their symptoms are stable and the effort does not make them much worse.

"When appropriately implemented, aerobic exercise that does not exacerbate symptoms more than

mean that they should re- mildly should be viewed as treatment or medicine for concussion," the statement says.

Earlier guidance on conrecommended cussions total rest and minimal the return-to-learn process stimulation until symptoms went away. Researchers the one hand, serious and now fear that such isola-Tuesday in the Journal of The guidelines give a simi- tion can be bad for men- and address and identify they knew to do anyway," lar timeframe for a con- tal health, especially for and not ignore, but also said Dr. Stanley Herring, a students.

The 25 new recommendations from the National Athletic Trainers' Association are designed to take a more holistic approach to concussion management and how it affects patient care and outcomes.

a bubble, but to a person, in a context," said Dr. Christina Master, a pediatrician and sports medicine specialist at Children's Hospital of Philadelphia. "Concussion is something that is, on sion in Sport in Amsterdam. important to take seriously eminently treatable, manageable, recoverable."

In a webinar to discuss the paper, researchers said they hope the statement will empower athletic trainers when working with concussed athletes. Steven Broglio, a professor of

"Concussion occurs not in athletic training and the director of the University of Michigan Concussion Center, said the guidelines track those adopted by the 2022 International Conference on Concus-"It allows an athletic trainer to do, basically, what founding member of the American Medical Society for Sports Medicine and former Seattle Seahawks team physician.

"I think it will elevate care and give power to the athletic trainer in professional sports as well."







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### New faces, new places: Ohtani, Soto headline MLB players with new teams in 2024

#### **By DAVID BRANDT AP Baseball Writer**

PHOENIX (AP) — Shohei Ohtani's 31-mile journey north on Interstate 5 during free agency was the highlight of Major League Baseball's offseason, even if recent off-the-field developments have clouded his first season with the Los Angeles Dodgers.

But the Japanese superstar will be far from the only All-Star-caliber player in a new uniform when MLB's regular season opens Thursday for 28 of 30 teams. The Dodgers and San Diego Padres got the season started last week in Seoul, South Korea, with the teams splitting a two-game series.

Young slugger Juan Soto was dealt to the New York Yankees while the Baltimore Orioles added hardthrowing righty Corbin Burnes as they try to win back-to-back titles in the AL East. The San Francisco Giants made several moves including a few



New York Yankees right fielder Juan Soto stands in the dugout before a spring training baseball game against the Boston Red Sox Wednesday, March 13, 2024, in Tampa, Fla.

recent ones adding fourtime Gold Glove third baseman Matt Chapman and two-time Cy Young winner Blake Snell.

Here's a look at some of the biggest names who will 2024.

Shohei Ohtani, Dodgers The two-way star is just a hitter in 2024 after elbow surgery, but Ohtani's move to the Dodgers on a \$700

be playing for new teams in million, 10-year contract was still one of the biggest moves in several years. Ohtani, 29, was brilliant during spring training with a .500 batting average and two homers, and he

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started the regular season with three hits in 10 at-bats in Korea. Ohtani's first season hit turbulence recently when his translator Ippei Mizuhara was fired by the Dodgers last week amid accusations of gambling and theft, but big things are still expected.

Juan Soto, Yankees Soto seems like he's been around forever, but he's just 25. After being dealt from the Padres to the Yankees, the three-time All-Star could form a power-hitting juggernaut in the Bronx when paired with Aaron Judge and Giancarlo Stanton. He's coming off a 35-homer season with the Padres last season. Blake Snell, Giants

The Scott Boras client finally signed with the Giants last week on a \$62 million, two-year contract, potentially giving San Francisco a bonafide ace as it competes in the NL West with the Padres, Dodgers and Diamondbacks.

### 3-time Grand Slam champ Murray said he sustained serious ankle injury in Miami Open loss



Andy Murray, of Great Britain, serves to Tomas Machac, of Czech Republic, in their men's third round match at the Miami Open tennis tournament, Sunday, March 24, 2024, in Miami Gardens, Fla.

MIAMI GARDENS, Fla. (AP) — Three-time Grand Slam champion Andy Murray said he suffered a significant ankle injury at the Miami Open that he expects will keep him out for some time.

Murray said on an Instagram post Monday he had a "full rupture" of the anterior talofibular ligament (ATFL) and a "near full thickness rupture" of the calcaneofibular ligament (CFL).

He said he will see an ankle specialist to determine what's next.

"Goes without saying this is a tough one to take and I'll be out for an extended period," Murray continued. "But I'll be back with 1 hip and no ankle ligaments when the time is right."

Murray had hip resurfacing surgery in 2019.

He lost to Tomas Machac 5-7, 7-5, 7-6 (5) on Sunday.

"I obviously still love competing and still love the game, but it obviously gets harder and harder the older you get to compete with the young guys and keep your body fit and fresh," Murray said in an on-court interview after a win in Dubai last month.

"I probably don't have too long left, but I'll do as best as I can these last few months." Murray, 36, of Britain, is a former world No. 1 who has won the U.S. Open in 2012 and Wimbledon in 2013 and 2016.

**Associated Press**